

JUNE 2007



Getting the skinny on body fat

During Electric Boat's annual Health Fair earlier this month, Leon Owens (453) undergoes a body fat/BMI analysis under the guidance of fitness director Bessy Raymond. The event attracted hundreds of employees and featured cholesterol screenings, blood pressure screenings, massage therapy, glucose testing and body fat analysis.

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GD PRESENTS ELECTRIC BOAT WITH 2006 SAFETY AWARD

In recognition of its safety performance last year, Electric Boat has received the 2006 General Dynamics Safety and Health Achievement Award.

"General Dynamics Corporation places a high priority on the continuing safety and health of all employees and the reduction of workplace accidents," said Henry Eickelberg, GD's VP - Human Capital Processes, who announced the award.

"To recognize this priority, General Dynamics recognizes excellent achievement in the management of safety and health issues," Eickelberg continued. "In 2006, Electric Boat had a very successful year," he said, noting that the company exceeded its goals for the severity and frequency of safety and health-related workplace illnesses and injuries.

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" Safety is something that affects everyone. Over the years the union and company have worked together to plan and institute a joint safety program that works. Our workplace has the potential of being hazardous. Working to educate and provide the right tools and procedures, as well as implementing better work practices, could not be done without the commitment of our highly skilled and talented men and women"

- Ken DelaCruz, MTC president

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The company's safety goals and actual achievements for 2006 were:

	Goal	Actual
Recordable Injury Rate	8.7	8.2
Lost Workday Injury Rate	2.6	2.2
Severity Rate	98.1	89.8

Steve Labrecque, director of safety, industrial hygiene and training, attributed the results to the performance of the Operations organizations and MTC members. Specifically, he said, the company and the MTC set and achieved four safety incentive goals designed to reduce injuries and improve safe work practices.

The four goals were:

- ▶ Reduce the Recordable Injury Rate by 10 percent. The actual reduction for 2006 was 14 percent.
- ▶ Implement at least 22 new safety initiatives. Safety Action Teams actually completed a total of 30 initiatives.
- ▶ Attain a 75 percent participation rate in the safety-awareness program. The actual participation rate was 82 percent.
- ▶ Attain a personal protective equipment compliance rate of 90 percent. Employees achieved a PPE compliance rate of 97 percent.

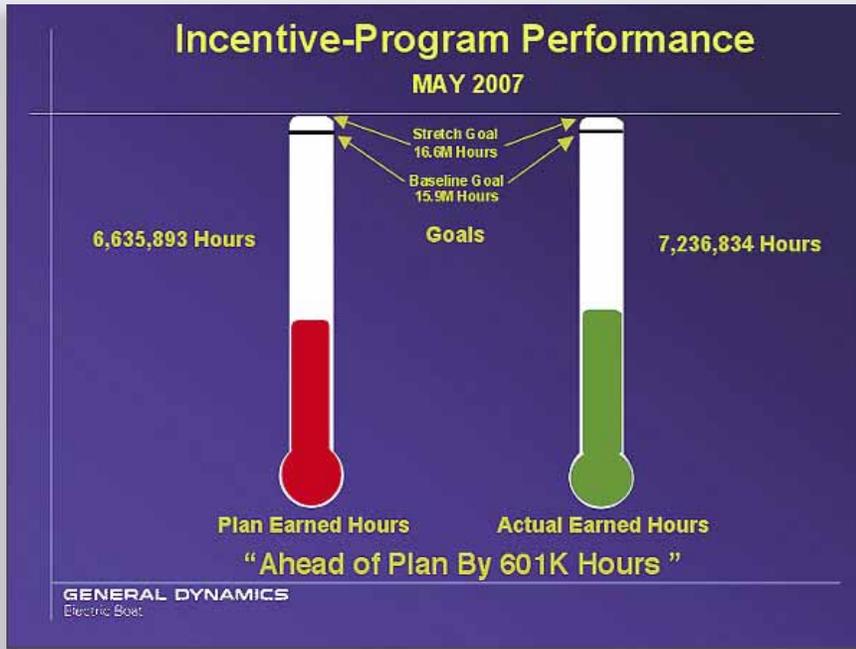
" We as a company appreciate the efforts of everyone involved in accomplishing significant safety improvements and commend all employees for their commitment to make EB a safer place to work. Safety has been and will remain our number-one priority"

- Bob Nardone, VP - HR

GD Chairman And CEO Nicholas D. Chabraja Extends Contract Through June 2009

FALLS CHURCH, Va.

General Dynamics Chairman and Chief Executive Officer Nicholas D. Chabraja, 64, has extended his employment contract with the company through June 30, 2009, at the board of directors' request. Chabraja's previous agreement would have ended April 30, 2008.



Dan Barrett,
 Editor

Bob Gallo,
Gary Slater,
Gary Hall,
 Photography

Electric Boat News is published monthly by the Public Affairs Department, 75 Eastern Point Road, Groton, CT 06340

Phone (860) 433-8202

Fax (860) 433-8054

Email
 dbarrett@gdeb.com

Earned Hours • Where We Stand

Retirees

- | | | | |
|---|---|---|---|
| 100 John W. Chaffee III
41 years
Superintendent | 323 Robert M. Pike
44 years
Engineer Senior | 455 Rose Ann Manier
19 years
A/A Administrative Aide | 629 Janet Silverman
41 years
Planning Spec. Sr. |
| 230 Howard C. Cioci
32 years
Rigger 1/C | 341 Elizabeth C. Brevard
30 years
Staff Assistant | 456 Robert E. Best
15 years
Elect Sr Designer | 644 Lydia V. Sisson
39 years
Staff Assistant |
| 242 Normand E. St. Pierre
17 years
O/S Machinist 1/C | 433 Paul S. Jutkiewicz
41 years
Engineering Specialist | 456 Lance G. Sheffield
32 years
Elect Sr. Designer | 645 David B. Crowell
33 years
Chief of Human Resources |
| 244 Robert A. Wenzloff
24 years
Sheetmetal Worker 1/C | 438 Daniel J. Rodgers
34 years
Foreman | 459 Douglas P. Morrissette
45 years
Design Tech-Struct | 660 Mario T. Rebello
42 years
Lieut. Plant Protect. |
| 244 Richard F. Zictorac
44 years
Sheetmetal Worker W/L | 445 Stephen E. Metzger
19 years
Design Tech-Arrgt. | 604 John W. Harrington
39 years
Dir IT Services - Marine | 660 Charles R. Sisson
40 years
Security Off. Cpl |
| 252 Richard A. Miller
46 years
Joiner-Upholst. 1/C | 452 Donald E. Degidio Sr.
41 years
Design Tech-Piping | 604 James F. Lemay Jr.
42 years
Eng Specialist | |

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USS Seawolf departs Groton

USS Seawolf (SSN-21) makes its way down the Thames River and past the U.S. Coast Guard Academy. After 10 years of service on the East Coast at the submarine base in Groton, Seawolf is changing its homeport to Naval Base Kitsap in Washington.

U.S. Navy Photo

Quonset Point Wins Its Third Industrial Security Award

Electric Boat's Quonset Point Facility has been selected as a recipient of the 2007 James S. Cogswell Award for Outstanding Industrial Security Achievement.

The award, which is presented annually, is the most prestigious honor given by the Department of Defense's Defense Security Service (DSS). It recognizes companies that have established a clear pattern of excellence in the DoD program to properly handle and safeguard classified information.

This year only 30 of the 11,000 facilities in the DSS Defense Industrial Security Program were selected to receive the award. According to the DoD, the award recognizes organizations that have achieved "superior industrial review rat-

ings and which show a sustained excellence and innovation in their overall security program, management, implementation and oversight."

Quonset Point has been selected to receive the Cogswell Award for an unprecedented third time, having received the honor previously in 1989 and 1994. According to Director of Security Kevin Cassidy, Quonset Point's selection for the Cogswell Award three times in an 18-year period reflects the standard of sustained excellence in the area of Security Compliance that has become part of the culture and daily work practices at the facility. "This honor is a tribute to the entire Quonset Point work force, who have made security an integral part of their daily work activities," he said.

Cassidy also praised the outstanding leadership and direction that has been provided over the past 30 years by Quonset's Chief of Security Jim Camara, Security Officer Sr. Specialist Carol Picard and Security Administrator Robin Farrell. Cassidy described Camara, Picard and Farrell as the primary architects of the Quonset Point Industrial Security Program.

"Their passion, dedication and attention to detail are unique and without equal," said Cassidy, noting that they designed and implemented a Security program that matches the exacting standards that are an inherent part of the Electric Boat business – the design, manufacture and repair of nuclear submarines for the Navy. 🏆

Electric Boat Awarded \$3 Million to Develop Advanced Submarine Maneuvering Technology

Electric Boat has received a \$3.2 million contract to continue development of the next phase of external electric actuators that can be used for submarine steering and diving planes.

The development includes key innovative design features for external high-torque electric actuators that can be used to replace conventional hydraulic systems for the planes. Studies have shown that if hydraulics are replaced by electric actuators, there is the potential for significant savings in installation and maintenance costs. In addition, the actuators would provide a cleaner and safer on-board environment.

The Naval Undersea Warfare Center awarded the Phase 2 contract to Electric Boat under the Defense Advanced Research Projects Agency/Navy Tango Bravo Program. Electric Boat also is working on a concept for shaftless propulsion under Tango Bravo.

The Tango Bravo program is focused on developing advanced technologies that would meet stringent submarine performance requirements while reducing ship-acquisition and life-cycle costs and improving the warfighting capabilities and mission adaptability of future submarines.

Under the terms of the latest contract, Electric Boat will develop and build a controller for the electric actuators; develop an energy storage system that provides the same level of system backup for electric actuators as stored oil pressure provides for the existing hydraulic system; and conduct endurance testing of the actuator built in Phase 1.

BIW Awarded \$197 Million for Work on DDG-1000 Destroyers

BATH, Maine

The U.S. Navy has awarded Bath Iron Works a \$197 million contract modification to continue work on the new DDG-1000 Zumwalt class of destroyers. Work to be performed includes long lead material procurement and pre-production planning to support detail design and ship construction. The contract being modified was originally awarded in August 2006.

The Zumwalt class represents the Navy's next generation of multi-mission surface combatants, which will provide a broad range of capabilities that are vital both to supporting the Global War on Terror and to fighting and winning major combatant operations.

"This modification is the result of efforts by many men and women in Congress, the Navy and the shipbuilding industry who are dedicated to moving this important program forward," said BIW President Dugan Shipway. "We are deeply committed to the success of the program and we are continuing to use our existing backlog of DDG-51 Class ships to leverage improvements into our ship construction processes that will result in a high-quality, more affordable DDG-1000 for the U.S. Navy."

NASSCO Lays Keel of Sixth T-AKE Ship, USNS Amelia Earhart

SAN DIEGO

NASSCO recently held a keel-laying ceremony for the sixth ship in the U.S. Navy's T-AKE program. The ship will be named USNS Amelia Earhart, in honor of the first woman to fly solo, non-stop across the Atlantic and Pacific oceans.

During the ceremony, event honoree Darlene Costello welded her initials into the keel. Costello is the deputy director for Naval Warfare in the office of under secretary of defense for Acquisition, Technology and Logistics.

The Amelia Earhart is scheduled to be delivered to the Navy's Military Sealift Command (MSC) in the fall of 2008. The ship will be 689 feet long and displace about 41,000 metric tons when fully loaded. Amelia Earhart's primary mission will be to deliver food, ammunition, fuel and other provisions to combat ships at sea.

EB Presents At Submarine Technology Symposium

Electric Boat engineers recently demonstrated the company's continuing presence on the leading edge of submarine technology to the Navy's top leadership and other influential members of the undersea warfare community.

The demonstrations took place at the annual Submarine Technology Symposium held at Johns Hopkins University Applied Physics Laboratory in Maryland.

The papers presented and the engineers involved in their development and presentation were:

Submarine Deployed Unmanned Air Vehicles... An Evolving Capability with a Wide Spectrum of Choice
Don Gage, Bob Lowell and John Pavlos

Unmanned Air Vehicles (UAVs) provide a wide spectrum of capability based on attributes such as speed, endurance, time on target, range, payload capacity, and expendability. This paper takes a practical look at integrating organic UAV capability on submarines and recent submarine-focused UAV demonstrations. The study overlays UAV characteristics cited in the 2005 Department of Defense Unmanned Air Systems Master Plan with existing submarine interfaces. The demonstrations validated the feasibility of UAV-submarine system physical integration and the capability which could be available with appropriate commitment.

Expanding Submarine Mission Capability Through Payload Integration
Al Blay and Stan Kordana GD-AIS

The Navy has initiated efforts to expand payload capability for both SSGN and Virginia-class submarines in response to increasing demands for submarine support for wider and wider mission sets. Blay's paper discusses the approach taken to establish the interfaces and open architecture required to enable rapid, economic integration and deployment of future payloads across both submarine classes.

Additionally, the following displays were developed and staffed at the symposium:

"Train Like You Fight" – Virginia Class On-Board Team Trainer
Darrell Jones and John Gennari

In addition to the poster, the Virginia-class On-Board Team Trainer (OBTT) technology was demonstrated using a standalone SUN workstation running the most current version of OBTT software. This demonstration highlighted current training capabilities and how they have been used onboard Virginia-class submarines. It focused on areas where more advanced mission planning functions can be incorporated and included feedback obtained directly from the senior staff of USS Virginia on the use of OBTT as a real-time aid for operational mission readiness.

Common Portable Ship Control System
Joe Sasso and Jay Giurleo

The new Common Portable Ship Control System (C-PSCS) has more than twice the calculated reliability, is less than 1/3 the weight and volume and less than 1/4 the cost of the original system. In addition, capabilities of the new system include own ship's data, digital nautical charts, radar overlays, collision avoidance, encrypted wireless, global positioning system, bridge communications and is readable in direct sunlight and moonlight. Installation of the C-PSCS on Virginia-class submarines started in April. It can be modified and upgraded for all submarines classes and is compatible with the Navy's Combat System Warfare Federated Tactical Systems (SWFTS). The C-PSCS software is fully portable to address future hardware technology insertion and upgrades. In addition to the poster, which compares the C-PSCS with the legacy system, a C-PSCS demonstration unit was also displayed to show the system's functionality.

Submarine Wireless Monitoring and Control to Enable Enhanced Capability and Infrastructure Reductions
Bill Minor and Steve Porter

Wireless technology applied on USS Virginia has enabled mobility, flexibility, improved quality of work/quality of life, and reduced infrastructure and cost. In addition, wireless headsets have been provided for use with selected integrated communications system audio panels in the control room to relieve wired headset congestion and provide key personnel with unrestricted mobility. The implementation of wireless technology has been enthusiastically endorsed by the crew of Virginia.

Further shipboard automation would enhance capability, performance and safety and enable the crew to concentrate on the higher cognitive functions associated with the operation of a complex war-fighting platform. The display demonstrates wireless control and monitoring of a prototype ventilation system with instruments and components similar to those required aboard a ship. The user interface will demonstrate improved visualization for simplified, intuitive control and monitoring of an HM&E system.

According to John B. Padgett III, VP – Business Development and Strategic Planning, the first day of the symposium consists primarily of presentations by senior Navy leaders, who discuss where the service is headed and what its needs are, and provide high-level guidance to industry representatives.

"It's crucial for Electric Boat to have a strong presence at the symposium," said Padgett. "It's widely recognized as the leading venue to introduce new ideas regarding submarine technology and policy to a comprehensive spectrum of operators, technology developers and system providers," he said.

Electric Boat's papers and displays were subsequently re-presented during a series of lunchtime forums at the Technology Center for those interested. 



USS Michigan (SSGN-727) Executive Officer Lt. Cmdr. Christian Williams looks on as his crew boards the submarine toward the end of a return to service ceremony. The ceremony marked the end of Michigan's conversion process from a ballistic missile submarine (SSBN) to a guided missile submarine (SSGN).

U.S. Navy photo

USS Michigan Returns to Service as Third SSGN

UBREMERTON, Wash. SS Michigan, the third of four Trident submarines converted to an SSGN configuration, was returned to service earlier this month in a ceremony at Naval Base Kitsap.

Rear Adm. Frank Drennan, commander – Submarine Group Trident, credited the crew, Puget Sound Naval Shipyard and Electric Boat with achieving what some thought was impossible – improving the ship's capabilities and extended its life by 20 years. "We're bringing a whole new capability to the Navy and nation," he said.

The ship was officially returned to service by Margaret Nedzi, the wife of former Michigan congressman Lucien Nedzi. As the ship sponsor of SSBN Michigan, she christened the ship in 1979. "Let us hope that the USS Michigan will protect our values and people, and when it's retired, it will never have fired its awesome punch in anger," she said.

Michigan joins USS Ohio and USS Florida as SSGNs – multimission vessels optimized for covert tactical strike and special operations support. The conversions are being performed under a \$1.4 billion contract awarded to Electric Boat in 2002. Work on USS Georgia – the last of the four SSBNs to be converted – is scheduled for completion later this year.

Each SSGN will carry up to 154 Tomahawk cruise missiles and support up to 66 Special Operations Forces for an extended time. General Dynamics Advanced Information Systems in Pittsfield, Mass., is the system integrator for the missile-control system. SSGNs will also serve as platforms to develop and test new weapons systems, sensors and operational concepts that could further transform naval warfare. These payloads will include large unmanned undersea vehicles and off-board sensors.

"It's been a great reward participating in the modernization and conversion of the

Michigan over the last two years in Puget Sound Naval Shipyard," said Jim Yorgensen, manager of maintenance and modernization at EB's offsite location at Puget Sound.

"The ship's commanding officer, Cdr. Terry Takats, and his officers and crew have been outstanding partners in the development of this new submarine platform," he said.

"Employees of Electric Boat, Puget Sound Naval Shipyard, Navy Programs and the many subcontractors dedicated themselves to make this the most successful SSGN platform of the program thus far.

"The captain was very pleased with our performance, noting record time, lowest cost, highest quality and full mission readiness – accomplishments everyone on the team should be proud of. Congratulations to all who have been part of this successful period in history. You deserve it," said Yorgensen. 🇺🇸



Bob Hurley, MD
Medical Director

HEALTH MATTERS

The South Pacific

During medical school and residency, I attended many World War II veterans at the end of their lives. Most were dying from emphysema, the result of cigarette habits acquired during an age of innocence, lack of knowledge and free cigarettes in Red Cross packages. I was also impressed with the severity of the skin damage in many of these by-then elderly gentlemen. They shared with me their stories of long hot days in the South Pacific sun, where shirts were optional and tattoos apparently required. It was during this time I came to understand two things – unprotected skin exposed to sun leads to destructive changes and after 40 years, tattoos look like charcoal drawings exposed to a light rain.

Lessons from Our Fathers

In the early 1970s, a New York University study on men who served during World War II found that a significantly greater percent of melanoma patients had been stationed in the tropics. Further, those with nevocytic nevi, (known as facial or skin moles) and who were exposed to prolonged sun were at the greatest risk for development of melanoma. The NYU study suggested a two-step phenomenon – solar induction of nevocytic nevi with subsequent malignant transformation within them.

Fun in the Sun

With summer here, it's safe to assume we'll all witness beach scenes unchanged from the 60s and 70's. That is – there are millions of people still unaware of the increasing odds of skin cancer. In 2006, more than 1.5 million individuals were diagnosed with some form of this disease. Some 8,100 will die, typically from the most aggressive types of melanomas. If you think it won't happen in your lifetime, think again. Your current odds are 1 in 5, with some experts suggesting that in the next 10 to 15 years, they might worsen to 1 in 3.

Although most skin cancers will be the less aggressive basal-cell or squamous-cell carcinomas, they should not be overlooked. Unlike other cancers, basal-cell carcinomas rarely metastasize, or migrate to form tumors in other parts of the body. For that reason, many people regard these carcinomas lightly and unwisely put off corrective surgery, which is generally minor in nature but occasionally facially disfiguring in order to effect a cure.

Sunlight

Sunlight has three basic categories: ultraviolet, visible and infra-red rays. The rays that impact your skin the most are the ultraviolet spectrums, which in turn are divided into three groups, Ultraviolet C (UVC), Ultraviolet B (UVB) and Ultraviolet A (UVA).

UVC typically doesn't reach through to the earth's surface as it is absorbed by the ozone layer above. If it did it would easily cause cancer. Scientists warn that if there is a continued destruction of our ozone layer, UVC may become a significant source of solar-induced cancer as only brief exposure can cause a burn. Prolonged exposure is considered fatal.

UVB, long considered the "tanning ray," is strongest in the summer months. This ray typically penetrates the epidermis, the very top layer of skin. Without blood vessels or nerve endings, the epidermis consists of skin cells, basal cells and melanocyte cells. Melanocyte cells

synthesize tyrosinase and the pigment melanin, which is then absorbed by surrounding skin cells that imbue us with what we call a tan.

UVA is the same strength year round. It goes through most light clothing, wind shields, office windows and hats. UVA was touted in the 1980s as the "safe" tanning ray, yet upon further review; we now know that this ray actually does the most damage to your skin. UVA penetrates through the epidermis and enters the next deeper layer of skin called the dermis. The dermis is considered "true skin" and is composed of collagen, elastin, blood vessels, nerve endings, glyco-amino-glycans and mucopoly-saccharides known as "ground substances." With prolonged exposure to UVA, the elastin and collagen components crack and shrink. The depth of the layer shrinks and the epidermis starts to droop. Blood vessels become permanently dilated giving a constant red flush to the skin. With UVA exposure, the melanocyte cells either die, making a white spot, or become over-active, leaving a brown spot. The water loving "ground substances" lose their effectiveness and lead to dry skin.

Skin Cancer

Basal and squamous-cell carcinomas both arise from the keratinocytes, which form at the base of the epidermis and work their way toward the surface. Near the base, they are plump and are called basal cells, but as they move outward, they flatten to become more square-shaped or "squamous".

Melanomas spring from the melanocytes, cells that produce the pigment associated with the tan. Epidermal cells most often become malignant when the DNA in their nuclei is altered by ultraviolet rays, causing them to divide uncontrollably and form tumors.

In middle-aged or older individuals the first signs of damage will be small, scaly, precancerous spots called keratosis, in areas of the skin generally not

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From top,
1. Actinic Keratoses
2. Basal Cell Carcinoma
3. Ulcerating Squamous Cell carcinoma
4. Metastatic Squamous Cell carcinoma
5. Melanoma

protected by clothing. Squamous-cell carcinomas also develop from keratoses on long-exposed areas of the skin, affecting about 100,000 Americans each year. They take the form of red or pink warty growths that may scale or open in the center and ooze. Squamous tumors are more dangerous than basals; they grow more rapidly and can metastasize, sometimes with fatal results.

By far the most fearsome form of skin cancer is malignant melanoma, which sometimes emerges from an existing mole or simply appears in an area of previously unblemished skin. Melanomas are asymmetrically shaped,

usually begin as mottled light brown or black blotches that eventually can turn red, white or blue in spots, become crusty and bleed. They grow rapidly, and once they have expanded to about the thickness of a dime, they have probably metastasized and become lethal.

Sun Exposure Review

Remember, sunburn is a radiation burn not a heat burn. It acutely damages your skin by UVA and UVB rays striking your skin.

The long term effects of the sun's radiation are:

- ▶ Rapid aging of the skin with loss of elasticity and wrinkle formation.
- ▶ Sun-induced skin diseases (non-tumorous) such as multiple nevi (moles), Keratotic lesions (sun spots) and rashes.
- ▶ Cataract development in the eyes.
- ▶ Non-malignant skin cancers.
- ▶ Malignant skin cancers.

You CAN have Fun in the Sun

Generously apply sunscreen to all exposed skin using a Sun Protection Factor (SPF) of at least 15-30. Products with Helioplex provide broad-spectrum protection from both ultraviolet A (UVA) and ultraviolet B (UVB) rays.

- ▶ Use sunscreen every day if you are going to be in the sun for more than 20 minutes.
- ▶ Apply sunscreen to dry skin 15 to 30 minutes before going outdoors.
- ▶ When applying sunscreen, pay particular attention to the face, ears, hands and arms, and generously coat the skin that is not covered by clothing.
- ▶ One ounce of sunscreen, enough to fill a shot glass is considered the amount needed to cover the exposed areas of an adult body; one to two tablespoons for children.
- ▶ Reapply sunscreen every two hours or immediately after swimming or strenuous activities.
- ▶ Wear protective clothing, such as a long-sleeved shirt, pants, a wide-brimmed hat and sunglasses, when possible.
- ▶ Seek shade when appropriate, remembering that the sun's rays are strongest between 10 AM and 4 PM.
- ▶ Use extra caution near or on water, snow and sand as they reflect damaging rays of the sun, which can increase your chance of sunburn.

▶ Avoid sun bathing and tanning. Ultraviolet light from the sun and tanning beds causes skin cancer and wrinkling. If you wish to have a tan, consider using a sunless self-tanning product, but continue to use sunscreen with it.

▶ You or your doctor should check your skin once a year. If you notice changes especially near or around moles, or if the moles are growing or bleeding, see a dermatologist.

Skin cancer is very treatable when caught early. ☼

706 Terrence Fish
39 years
Eng. Analyst

795 Brian T. Hayes
31 years
Prod Planner

853 William F. James Jr.
31 years
Prod. Planner

857 Robert P. Whipple
32 years
Mgr. Mat. Control

860 Johnny A. Robeaux
34 years
Ship Super Sr.

902 Gerald J. Couillard
30 years
Install Tech III

904 Marcel A. St. Jean
26 years
Struct Fab Mech II

920 Thomas M. McCarthy
32 years
MT Prod Supp II

921 David H. Dudek
30 years
Struct Fab Mech I

921 Louis G. Perras
44 years
Struct Fab Mech I

950 Gerard H. Viens
27 years
Mat. Svc. Rep I

Classified \$

APPLIANCES

AIR CONDITIONER. Sears Kenmore 12,500 BTU with remote control. New condition. \$175. 376-8768 after 6 PM.

AUTOS/TRUCKS

GMC 1970 3/4 ton truck. Good for restoration. One owner. 445-7523.

AUTO PARTS

17" MAXXIM rims with Yokohama tires. R215/45/R17 with about 18K. Very good condition with no locks, no cubs. Fit most imports, used on Mitsubishi Eclipse. Have picture (gray/seven spokes). \$595. 822-8608.

TANDEM axle trailer. 3,500 lb capacity. Steel frame with wooden planking. Needs work. \$300. 464-7040.

TRUCK BOX. Aluminum diamond plate for full-size truck. Locking cover with gas struts. \$150 OBO. 464-2498.

BOATS

22 FT SUNRUNNER. 1988 w/350 engine and Volvo dual props. Stereo, VHF, compass, anchor, lines, fenders, Coast Guard package, porto potty and more. 401-263-1612.

FURNITURE

GLIDER/SWIVEL recliner by Lane. Burgundy. New, never used. \$425. 537-3854.

MISCELLANEOUS

AMERICAN Girl Doll clothes and furniture. Child's wooden rocking chair, dollhouse furniture, Little Bo-Peep porcelain doll, metal Tonka dump truck, doll's wooden cradle, children's books. 401-596-5788.

BOWFLEX Motivator. 210 lbs resistance, plus lat tower and leg curl attachments, t-bar and ankle straps. Includes training manual. 34" x 84" x 78" footprint. \$500. 536-3988. Will deliver.

LARGE wall mirror. 44 .5" W x 39. 5" H. Oak frame with carved detail. \$100. 537-3854.

MEN's Acme western boot. Cordovan leather, short shaft, side zipper, size 8D. Excellent condition. \$35. 445-7523.

NINTENDO GameCube (indigo) system in excellent condition. Includes 2 controllers, microphone, memory card, carrying case and 8 games. \$200. 889-0103.

ROCKFORD Fosgate 200S amp and speaker box. 12" Punch speakers. Excellent condition. \$200. 822-8608.

To submit a classified ad, send an e-mail to EBNewsAds@gdeb.com with the following information:

CATEGORY *choose from*

Appliances	Computers	Pets	Real Estate /
Autos /Trucks	Furniture	Real Estate /	Sales
Auto Parts	Miscellaneous	Rentals	Wanted
Boats	Motorcycles		

ITEM NAME; DESCRIPTION; ASKING PRICE; and HOME TELEPHONE (include area code if outside 860). Deadline is the 15th of the month.

Maximum of two 25-word ads per employee per issue.

Please include your name, department and work extension with your ad (not for publication).

Employees without e-mail can submit their ads through interoffice mail to:

Dan Barrett,
EB Classified, Dept. 605,
Station J88-10.

VINTAGE jewelry. Star Wars items, two maracas, roll of material suitable for drapes, slip cover for a studio couch, draperies for a picture window, crutches. 401-596-5788.

MOTORCYCLES

1996 HARLEY Davidson. FLSTF-Fatboy. Only 5,200 miles. Burgundy w/gold pinstripes. \$10,500. 887-7532.

REAL ESTATE / RENTALS

WATERFORD, Conn. Private home, 2 rooms, 2nd floor. Everything included. Walk to beach.

Shared bathroom. No pets or inside smoking. 439-1624.

REAL ESTATE/SALES

LEDYARD. 3 yr old 2 bedroom condo. Like new condition, electric stove, refrigerator and dishwasher included. Near Ledyard center @ 34B Iron St. \$133,900. 464-2498.

WANTED

JACUZZI. 2 seater. 887-7532.

EB Business Ethics and Conduct

Prohibition against Retaliation

Electric Boat will not retaliate against any person who brings to our attention in good faith an ethics or compliance issue. Individuals who raise concerns or who help us resolve matters are protected against retaliation. Anyone who uses the ethics and compliance program to spread falsehoods, threaten others, or damage another person's reputation will be subject to disciplinary action.

Discouraging other employees from making a report or getting the help they need is prohibited and could result in disciplinary action.

Report concerns of retaliation to the appropriate level of management, your union steward, Human Resources, EB Ethics Director Frank Capizzano – 860-433-1278 – or the GD Ethics Hotline at 800-433-8442. International callers dial 770-613-6315.

Remember – When in doubt, always ask.

Service Awards

45 years

241 Leonard A. Fells

40 years

221 John P. Levangie
355 David P. Silva
403 Sheila F. Wallace
421 Stephen H. Mitchell
463 Stephen F. Gordon

35 years

443 Raymond A. Slezyski
445 Earnest R. Pearson
601 Izola A. George
921 Edward A. Laplante

30 years

229 Jay G. Smith
241 Gregory A. Dzialo
242 Arsenio D. Cordeiro
242 Stephen E. Moore
251 James D. Fadden Jr.
251 Bruce P. McDaniels
252 Thomas A. Atkins

355 Bertrand G. Michaud
425 Eric K. Hinz
448 Daniel S. Petrozzi
448 Bret D. Tassias
453 Duane Vance Jr.
456 David S. Caporale
459 Paul B. Isele
459 Phillip J. Terluk
459 James D. Williamson
464 David P. Marandola
691 Curtis C. Roselle
792 James O. Dodson
861 Dean A. Rogers
902 Robert B. Wichert
915 Martin R. Desrosiers

915 Patrick W. Johnson
915 Robert J. Santos
935 William E. Wiencke II
962 Robert Plourde
962 Robert A. Santos

25 years

241 Jay A. Yousey
248 Keith W. Thompson
252 Fayett T. Finney Jr.
252 Craig S. Loson
355 Paul A. Balczun
410 David J. Ciemier
411 Roselli L. Simon Jr.
414 Timothy C. Berry
424 Janis I. Moore
431 Alan G. Crogle
438 George E. Bulmer
441 Richard J. Girard
447 Duane Dunphy
452 Mark R. Antrop
459 Harold C. Duncan
459 Marc F. Fontaine

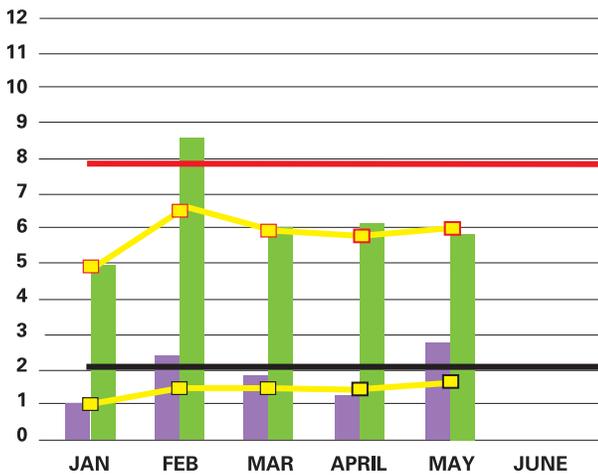
496 Armand L. Leroux Jr.
496 Sheri L. Porretta
604 Robert W. Tetrault Jr.
626 Deborah H. Morosini
650 Sean B. Lewis
901 Aldo J. Mangiantine
915 John M. Faxlanger
915 James R. Messier
957 Richard W. Shaw

20 years

100 Michael J. Gervais
226 Steven B. Kaplan
229 Robert C. Schilke Jr.
243 Stephen R. Johnson
275 Mark D. Burlingame
275 Thomas G. Kintz
330 Doreen M. Schmoegner
412 Joel T. Sefransky
414 Jon E. Carr
414 Daniel R. Corman
414 Craig C. Dutcher

448 Kathleen H. Davis
452 Michael L. McCorkindale
456 Thomas R. Fillion
459 Michael D. Brandt
459 Andrew J. Peacock
460 William B. Forsyth
462 John E. Phelps
464 Stuart J. Hovis
505 Chris L. Weinberg
604 Robin Stogran
915 Ronald O. Duhamel
921 Richard C. Townsend
935 Randy B. Tait
970 Howard M. Jenkins Jr.





2007

ELECTRIC BOAT CORPORATION INJURY INCIDENCE RATES

RECORDABLE INJURIES FOR 2007 = **260**

RECORDABLE INCIDENCE RATE YTD = **6.0** 2007 GOAL = **7.80 or less**

LOST TIME CASES 2007 = **76**

LOST WORK DAY CASE RATE YTD 2007 = **1.75** 2007 GOAL = **2.10 or less**

- 2007 LWIR MONTH
- 2007 RIR MONTH
- 2007 LWIR YTD
- 2007 RIR YTD
- 2007 LWIR GOAL
- 2007 RIR GOAL